



## Awareness Campaign for Pati, their Families, so that they Empower tents with Chronic Myeloid Leukemiahemselves and Fight for their Right to Life

### INTRODUCTION & AIMS

Currently, in our country Panama, the Social Security Fund cares for about 550 patients with Chronic Myeloid Leukemia, who work and contribute to social security, including some family members who are covered by this insurance. The treatments they receive are: Imatinib, Nilotinib or Dasatinib, all of them oral. There is a reality and that is that these treatments are not received with the appropriate regularity and this causes the disease to return in some patients with fatal consequences. We have decided to maintain a campaign to motivate patients and families to fight for their right to life, carrying out teaching activities with talks that allow them to manage their disease, pressure actions to buy their medications in a timely manner and involve patients in the struggles to achieve it.

We have maintained the following strategies: Permanent communication with Dr. Dimas Quiel, Director of the Transplant Institute and Hematology Coordinator of the Social Security Fund, to obtain reliable data on the number of patients, treatments applied to them and whether there are out-of-stock medications. Maintain communication with Dr. Anarelys Quintana, head of the Hematology Service of the Ciudad de la Salud of Caja de Seguro Social, to whom we channel the problems that patients face, maintain communication with patients through WhatsApp chat to know the problems they face. The two (2) patients with the diagnosis of Chronic Myeloid Leukemia, who are part of the board, have been very helpful because they motivate patients to learn about their disease, making a video Training on your diagnosis and other topics of interest in in-person and virtual methods. We held a teaching closing in December 2024, we gave them gift certificates and a treat, and the hospitalized patients were also given gift certificates.

### Reference

### RESULTS

Greater patient participation has been achieved in teaching activities, meetings and expressing the problems they face. A talk was held in September 2024 on the topic "How to manage side effects after each treatment", aimed at patients and family members. Hematologists maintain their support in these trainings and carry them out at no cost. We use in person , the virtual platform method Zoom, Microsoft Teams or Google Meet



In the photo we see Mr. Carlos García, prosecutor of the APPPEH board and patient of Chronic Myeloid e Leukemia, participating in the discussion of the reforms of Law 51 of the Social Security Fund that is currently being discussed in the assembly of deputies. our country



In the month of December 2024, we carry out the activity of the closing of classes, but framed in recreational activities, Christmas dinner and gifts, including an event entertainer (clown) who entertains them a lot.