

05555

In the photo below, I am in an advocacy action, denouncing the shortage of medicines, on local television stations.

Myeloid Leukemia, their Families, so that they Empower themselves and Fight for their Right to Life



INTRODUCTION & AIMS

Currently, in our country Panama, the Social Security Fund cares for nearly 400 patients with Chronic Myelodemic Leukemia, who work and pay social security contributions, including some family members who are covered with this insurance. The treatments they receive are: Imatinib, Nilotinib or Dasatinib, all of which are oral.

Dasatinib is not available at this time, for this reason

For this reason, some have been switched to Nilotinib or imatinib, whatever is available, but others do not receive treatment.

We decided to carry out this campaign to motivate patients and families to fight for their right to life, carrying out pressure actions to buy their medications in a timely manner and to get patients involved in the struggles to achieve this.

Strategies: Approach to Dr. Dimas Quiel, head of the Hematology Service of the Social Security Fund, to obtain reliable data on the number of patients, treatments applied to them and if there are any medications out of stock.

Maintain communication with patients through WhatsApp chat to find out from them what problems they have.

With the change in directive, we included 2 patients with the diagnosis Chronic Myeloid Leukemia, so that patients are motivated to support.

Training on their diagnosis and other topics of interest to them, in-person and virtual method.

We have organized this activity in 2023 and we are going to implement it in mid-May 2024.

RESULTS

Patients interested in the training topics. We started in mid-May 2024, with the topic suggested by them: "Consequence of Relapses and the Effects of Medications and How Strong Discomforts are Counteracted" Hematologists support these trainings and conduct them at no cost.

If we do it through the virtual method, we require the zoon or google meet platform



In the photo, the people indicated with the arrow are the new managers who suffer from chronic myeloid leukemia. They are very encouraged because they were included in the new board.



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Reference

INSTRUCTIONS FOR CML Horizons 2024 POSTERS

The poster template is provided for your convenience. However, you are welcome to design your own. Feel free to be as creative as you like! It would be most suitable to use a vertical setting, as shown in the example. Keep in mind that viewers typically expect information to flow from left to right and from top to bottom. Clarify the poster's sequence or flow with the use of arrows, hands, numbers, or letters. Your information should be labelled with headings and subheadings. This is a chance for you to present an activity, project, or initiative that was developed by your CML patient organization in the period 2023-2024.

REGARDING STYLE

- Size of the poster template: **A1: 59 x 84 cm**
- You can use this poster template, or you can have your own design. Be creative as you like!
- Use at least 36-point font for your text and at least 48-point font for the title. Your font style should be legible also.
- We recommend to use images, tables, photos or graphs. Minimum recommended size is 300 dpi.
- Remember that viewers will typically expect information to flow from left to right and from top to bottom. Use arrows, pointing hands, numbers, or letters to help clarify the sequence or flow of the poster.
- Use headings and subheadings to label your information.

REGARDING CONTENT

- You can present an activity, project, initiative from 2023/2024 developed by your CML patient organization.

INSTRUCTIONS FOR CML Horizons 2023 POSTERS

AN IDEAL POSTER SHOULD BE:

- **It is readable.** Putting simply, readability refers to the ease with which the ideas and messages presented in the poster are understood. The text will be more difficult to follow if it contains grammatical errors, misspellings, or complex sentences.
- ***Is it understandable.*** A clear and easy-to-read text is essential. Using fonts that are too small for reading a poster from 1 to 2 meters away is a common poster presentation error.
- ***It is well organized.*** By organizing your poster spatially, you can reach 95% instead of just 5% of your audience: this means that the reader will not have to search for information and can spend more time learning about the initiative.
- **Concise.** There are only 11 seconds for you to catch and maintain the attention of your audience, so make the punch line obvious and concise. Most of your audience is going to absorb only the punch line. Those who are really interested in the topic will seek you out anyway and chat with you!